



TO:	GC3-Mental Health Alliance
FROM:	Justo Chalaire, Community Engagement & Data Specialist
SUBJECT:	MHA Meeting Summary
DATE:	September 7th, 2023

We extend our gratitude to all who attended the Mental Health Alliance meeting for the Greenwood Counts Community Consortium. Here's a concise summary of the key points discussed during the meeting:

1. Welcome and Introductions:

- Justo Chalaire welcomed the LFHA Members and initiated introductions, including Janet Phelps, Anthony Price, Kayla Livingston, Jessica Seel, Liz Demeo, Sabrina Miller, Jennifer Lindler, Andria Wendell, and himself.

2. Organization Updates:

- Liz DeMeo from DHEC announced a life skills training program for elementary, middle, and high school students, including a train-the-trainer option.
- Pathways has been nominated for the "Chik-fil-a True Inspiration Award" and is requesting votes to increase their chances of winning the 1st place reward of \$200,000 to support homeless families in our community.
- Boys and Girls Club introduced the "Rising Stars program" focused on middle schoolers.

3. ACE's Training:

- Kayla Livingston provided an overview of Adverse Childhood Experiences (ACE's) Training which included 90-minute and 3-hour courses. Both covered ACE's overview, neuroscience, epigenetics, and resilience. Members were encouraged to take a personal ACE assessment.
- Discussion revolved around potential training opportunities for employers, local government officials, and educators. Sabrina Miller and Kayla Livingston are trained instructors. Training is planned for February.

4. National, State, and Local Data:

- Justo C. presented significant mental health statistics, highlighting issues such as suicide rates, childhood mental disorders, and the prevalence of mental illnesses in South Carolina and Greenwood.

5. Action Plan:

- The group agreed that prioritizing internal mental health and mental health-focused operations within their organizations is essential before external efforts.

6. GC3 Community Survey:

- Currently, 237 responses have been collected, with a goal of reaching 400. Discussion focused on strategies for obtaining more responses within the community and organizations.

7. Community Listening Sessions:

- The group discussed the next step in the action plan, which involves implementing community listening sessions. These could be conducted in target locations or as part of the community ACE's training.

Action Items Resulting from the Meeting:

- GC3 members will advertise GC3 survey flyers and administer GC3 Community Surveys within the community and at their respective organizations.
- GC3 members will work on expanding the group's capacity and inviting new members to join.
- Planning for ACE's training and community listening sessions will begin among GC3 members.
- Collaboration will be pursued to obtain 20 more gift cards for survey and listening session incentives.