



GREENWOOD
COUNTS
COMMUNITY
CONSORTIUM

TO:	GC3-Mental Health Alliance
FROM:	Jessica Seel, SC Office of Rural Health
SUBJECT:	MHA Meeting Summary
DATE:	February 1, 2024

We extend our gratitude to all who attended the Mental Health Alliance meeting for the Greenwood Counts Community Consortium. Here's a concise summary of the key points discussed during the meeting:

- **Welcome and Introductions:**

Justo Chalaire welcomed everyone and initiated introductions. In attendance: Jessica Seel, Michelle Morrison, Renee Coleman, Paulette Dunn, Andrea Wendell, Gabrielle Dilka, Sylvester Coleman

Virtual: Justo Chalaire, Elizabeth DeMeo, Kathy Cinnamond, Lucia Beaton, Janet Phelps, Nita Donald, Michael Mahaffey, Kayla Livingston, Frank Grand, Dray Whiteman,

- **Organization Updates:**

- Kathy Cinnamond is leading the mental health first aid training for this community. Community wide training in English 4/24 and Spanish training on 5/8 at United Way. We do not have a firm time, but it is an 8-hour training. Nita suggested AHEC could possibly provide CEUs. Kathy has already reached out to Lauren Taylor at Upstate AHEC. She has created an Eventbrite link for the training, and it is free. She will also provide flyers. Justo will send the registration link to the group.

- **ACE's Training:**

- Justo introduced the details for the upcoming ACEs training on 4/4/24. Children's Trust will be hosting the training. Justo discussed the importance of understanding ACEs and those being the root cause of many issues.
- The training will be at Piedmont Technical College. Educators, churches and industry are the target audiences. It will be a hybrid meeting and can hold up to 100 participants. Dana Powell with Children's Trust will facilitate.
- Each training will last one hour. After, we will host listening sessions to gauge individual perspectives on barriers to mental health in the community. This will help inform next steps. Lucila Beaton, Ashlee Redfern, Ebony Burgess, and Kayla Livingston will be the in-person facilitators.

- The group was asked for feedback on the structure of the listening sessions, proposing it be broken out by sectors. The concern is some groups may have more than others, so a suggestion was to have them all together. Possibly have people self-select what group they want.
- Michael suggested using Menti-meter. We could use both post its and Menti-meter to assure everyone is comfortable if they are unfamiliar with using the virtual option. The responses received are what we will present in May.
- There will be two options for virtual training for facilitators on 2/29 2-4 or 3/1 9:30-2
- A suggestion was made to make sure participants know the “why” of this project.

Action Items Resulting from the Meeting:

- Justo will send out a doodle poll for the facilitator training options.
- Justo will send mental health first aid training registration link to the group.